



## **Your structured / individualised water Royal Perlage...**

**is your main source of energy - it provides the power to life.**

**generates electrical and magnetic energy in every energy.**

**is the binder that holds the cell structure together.**

**prevents damage to the DNA and makes its repair mechanisms more effective, i.e. less damaged DNA is produced.**

**increases the efficiency of the immune system in the bone marrow - where the immune defence and all its mechanisms are formed.**

**is the main solvent for all foods, for vitamins and minerals. It serves to break down food into smaller components, metabolise and assimilate them.**

**enriches the food with energy. The components can supply the body with this energy during the body during the digestion process. Therefore, food without structured water has no energy value for the body.**

**supports the body to absorb more essential substances**

**from food.**

**serves to transport all substances in the body.**

**causes the red blood cells in the lungs to absorb more oxygen.**

**supplies oxygen to the cells and transports used gases from the cells to the lungs so that they can be exhaled.**

**collects toxic waste from different parts of the body parts and transports them to the liver and kidneys, so they can be excreted.**

**is the main lubricant in the joint spaces and helps to prevent arthritis and back pain.**

**has a shock-absorbing effect on the intervertebral discs between the vertebrae.**

**is the best laxative and prevents constipation.**

**reduces the risk of heart attacks and strokes.**

**prevents clogging of arteries in the heart and brain.**

**is an essential part of the systems for cooling (perspiration) and heating (electric heat) of the body.**

**provides the power and electrical energy for all brain functions.**

**is needed for the formation of all neurotransmitters (including serotonin).**

**is needed for the production of all hormones (including melatonin) produced by the brain.**

**may help to prevent the development of the Attention Deficit Syndrome (ADS) in adults and children.**

**increases performance by prolonging attention span.**

**is a better pick-me-up than any other drink in the world.**

**reduces stress, anxiety and depression.**

**restores normal sleep patterns.**

**reduces fatigue and gives us youthful energy.**

**makes the skin smoother and reduces the effects of ageing.**

**makes the eyes shine and glow.**

**helps prevent glaucoma.**

**normalises the blood formation systems in the bone marrow.**

**is essential for the performance of the immune system.**

**thins the blood and prevents the formation of clots.**

**reduces premenstrual pain and hot flushes.**

**in conjunction with the heartbeat, thins and "ripples" the blood so that nothing can "settle" in the vascular system.**

**cannot be stored by the body and must therefore be drunk regularly throughout the day to prevent deficiencies.**

**reduces the production of sex hormones in case of deficiency - one of the main reasons for impotence and loss of libido.**

**ensures that hunger and thirst can be distinguished from each other.**

**is the best way to lose weight! Drink structured water regularly and you will lose weight without having to stick to a diet. The urge to eat diminishes.**

**leads when there is a shortage to the deposition of toxins in the tissues, joints, kidneys and liver, in the brain and skin.**

**dissolves formed/existing deposits.**

**reduces morning sickness.**

**integrates the functions of body and mind.**

**strengthens our ability to set goals and achieve them.**

**reduces the urge to become addicted (also to caffeine and alcohol addiction and some drugs).**

THESE ARE **45 GOOD REASONS** TO TAKE DAILY  
YOUR STRUCTURED / INDIVIDUALISED  
WATER Royal Perlage

